

BC Children's Kelty Mental Health Resource Centre Parent & Caregiver Advisory Council

Request for Participation - Your Voice Matters!

OBJECTIVE: The BC Children's Kelty Mental Health Resource Centre provides mental health and substance use information and resources, assistance navigating the mental health care system, as well as free personalized support from Family Peer Support Workers for families across BC. **The Kelty Centre is recruiting parents and caregivers who are passionate about child & youth mental health and well-being, to join our Parent & Caregiver Advisory Council.**

Members of our advisory council will help develop, enhance and provide feedback on our mental health resources and initiatives, in order to better meet the needs of families across BC. We are looking for parents and caregivers located anywhere in BC, and engagement will aim to ensure representation of diverse cultural backgrounds, geographical locations, etc. We are seeking diverse perspectives and experiences, including families with and without lived experience of mental health challenges.

FAMILY CAREGIVER INVOLVEMENT: We are inviting parents and caregivers to participate in our Parent & Caregiver Advisory Council. A caregiver is defined as anyone considered to be family who cares for a child or youth under age 19. We anticipate recruiting 15 members in total who will bring their unique perspectives and insights to the Kelty Centre's projects, processes and initiatives. Examples of activities could include setting priorities for what is meaningful to families and providing feedback on existing resources. Your voice is valued and can truly make a difference!

TIME COMMITMENT: The council will meet virtually for 90 minutes approximately three times per year, with an expected term of two years of commitment. As much as possible, communication will be shared in a way that best suits the council members. Outside of meetings, council members will also be invited to provide feedback and input on projects over email, on a voluntary basis.

COMPENSATION: We believe that when folks provide their time and skills in an advisory role that they should be recognized with paid compensation. Participants will be remunerated \$25/hour for their time spent in meetings and on projects.

CONTACT: If you are interested in this opportunity to volunteer with the BC Children's Kelty Mental Health Resource Centre Parent & Caregiver Advisory Council, please contact keltycentre@cw.bc.ca. We will follow up with next steps for all applicants who submit an email, and shortlisted applicants will be invited to an interview.