



# How to use PVN Tips Sheet – Patient Partners

The right information, at the right time and in the right place – all working to make engagement opportunities better for YOU. Your time is valuable. We've improved our processes to make PVN an easy choice. This Tips Sheet gives you the information you need to get started.

## Who is a patient partner (PP)?

People across British Columbia who have lived or living experience with BC's health care system and are interested in improving it. [Engagement opportunities](#) give you the chance to share that experience in important conversations about care.

## Who is a health care partner (HCP)?

[Health care partners](#) represent organizations that provide health care services in BC. They're often teams interested in engaging patient partners so that their work is done in partnership with those who it will impact.

## What is an Engagement Opportunity?

Health care partners create engagement opportunities to invite patient partners to be involved in their activities, such as committees and working groups, to help improve BC's health care system.

## What is an RSVP?

Filling out this online form is how you let health care teams know that you are interested in their engagement opportunity. We have some [RSVP Tips](#) and a [sample RSVP form](#) for you to review.

## What happens to my RSVP once I submit it?

Once submitted, your RSVP is shared with the sponsoring health care partner identified at the bottom of the engagement opportunity.

## How do I become a patient partner ?

It's easy. Just follow these steps:

1. **Fill out our [sign-up form](#).** This helps you to be connected to health care teams who are seeking patients to engage in their work.
2. **Take part in an [upcoming orientation](#).** A one-hour session with the information you need to get started, including how PVN works.
3. **Sign our [Patient Partner PVN Service User Agreement](#),** which confirms the responsibilities you accept by joining PVN.
4. **Fill out an [RSVP form](#),** to confirm your interest in an engagement opportunity. Health care partners contact you to follow up on your interest.

## Where do I find engagement opportunities?

Each Tuesday afternoon, engagement opportunities are sent out through a [newsletter](#) AND are posted on the [PVN website](#).

## Is there anything else I need to know?

- Please read the engagement opportunity eligibility requirements carefully to make sure your experiences match.
- Look through the patient partner [resource section](#) for tools and resources to get you started.

Questions? Email [pvn@bcpsqc.ca](mailto:pvn@bcpsqc.ca) or learn more at [patientvoicesbc.ca](http://patientvoicesbc.ca)

**A community of patients, families and caregivers working together with health care partners to improve BC's health care system.**