









# 4 Myths about penicillin allergies



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Myth	Fact
 <p>I got a rash after taking penicillin, this means I am allergic.</p>	 <p>Most rashes are caused by the infection and not a true allergy.</p>
 <p>I can take alternative antibiotics without any harm.</p>	 <p>Other antibiotics can be less effective, lead to harmful side effects and resistant bugs.</p>
 <p>If I am truly allergic to penicillin, I am allergic for life.</p>	 <p>Allergies can be outgrown - up to 50% after 5 years and 80% after 10 years.</p>
 <p>Testing to check if I am allergic needs a skin prick or blood test.</p>	 <p>Most of the time, the diagnosis is made by talking to your doctor.</p>

Ask your provider to drop your penicillin allergy label!  
[Dropthelabel.ca](http://Dropthelabel.ca)