

## PVN Connections Café | Frequently Asked Questions

You told us being able to connect with one another was a high priority, and we heard you! PVN Connections Café was launched in December 2020 to create social connections between oriented patient partners above 18 years of age.

### 1. How does it work?

Now you have signed up through Spark Collaboration you will receive an email on the 24<sup>th</sup> of every month introducing you to another PVN Patient Partner. Then you can arrange a virtual get-together! The title “PVN Connections Café” is to reflect that this is a social activity, similar to meeting in a café for a chat with one another.

### 2. How many Patient Partners do I meet with?

PVN Connections Café is a virtual social connection between you and one other person. Spark Collaboration will introduce you to one Patient Partner at a time.

### 3. How do we meet?

You will be sent the name and email address of the Patient Partner that you have been paired with. The next step is to email that person to arrange a date, time, and best way to connect. For example, you can arrange to phone one another or if one of you has a Zoom account (or equivalent) you can schedule a virtual chat. **Please note that Spark Collaboration only sends out the introductory emails and is not a virtual meeting space.**

### 4. How long do we meet for?

The expectation is that you schedule one meeting with the Patient Partner you have been paired with, within 4 weeks of receiving your introductory email. The date and duration of this connection is your choice, along with whether you decide to keep in touch with one another after you have met for the first time. **Spark Collaboration will continue to introduce you to other patient partners on a monthly basis.**

### 5. What do we talk about?

What you talk about is completely up to you. As this is a social connection, your conversations don't even have to be PVN related. Having said this, if you do need some ideas, here are a few suggestions:

- Share a bit about yourself (what are your hobbies, do you have children or pets?)
- What three words best describe you?
- How long have you been a PVN member?
- What was your best engagement to participate in and why?

**Please note:** Conversations are voluntary and topics will be at your discretion. PVN Connections Café involves private conversations among patient partners that are not sanctioned by the BC Patient Safety & Quality Council. Patient partners are expected to participate in these conversations based on the principles outlined in their signed [Volunteer Agreement](#).

### 6. How do I unsubscribe from PVN Connections Café?

If the PVN Connections Café is not the right fit for you, please email Irina Apostu at [iapostu@bcpsqc.ca](mailto:iapostu@bcpsqc.ca) so your account through Spark Collaboration can be inactivated. This will ensure that you no longer receive monthly emails introducing you to other Patient Partners.